Twistin'

Choreographer: Steve Lescarbeau

Description: 48 count, 2 wall, beginner/intermediate line dance

Music: The Twist by Ronnie McDowell

The Twist by Chubby Checker

Beats / Step Description

TRAVELING TOE, HEEL, TOE, HEEL, TOE, HEEL, TOE, STEP (ALSO CALLED DWIGHT YOAKAM'S)

- 1-2 Touch right toe in while swiveling left heel to right, touch right heel to right while swiveling left toes to right
- 3-4 Touch right toe in while swiveling left heel to right, touch right heel to right while swiveling left toes to right
- 5-6 Touch right toe in while swiveling left heel to right, touch right heel to right while swiveling left toes to right
- 7-8 Touch right toe in while swiveling left heel to right, step down on right (you'll be traveling to the right)

STEP, HOLD, PIVOT, HOLD, STEP HOLD, PIVOT HOLD

1-2-3-4 Step left foot forward, hold, pivot ½ turn to right on balls of both feet, hold

5-6-7-8 Step left foot forward, hold, pivot ½ turn to right on balls of both feet, hold

GRAPEVINE WITH A 1/2 TURN, HEELS, TOES, HEELS, TOES

1-2-3-4 Step left to left, step right behind left, step ½ turn to left on left, make another ¼ turn to left as you step on right 5-6-7-8 Swivel both heels to right, swivel toes to right, swivel toes to right (you'll be traveling to right again)

STEP, HITCH, STEP, HITCH, STEP, HITCH, STEP HITCH

- 1-2-3-4 Step forward on left, hitch right while slapping right knee, step forward on right, hitch left while slapping left knee
- 5-6-7-8 Step forward on left, hitch right while slapping right knee, step forward on right, hitch left while slapping left knee

CROSS, UNWIND, CROSS, UNWIND

- 1-2-3-4 Cross left over right, unwind and transfer weight to left (this is slowly done to 4 beats)
- 5-6-7-8 Cross right over left, unwind and transfer weight to right (this is slowly done to 4 beats)

For styling bend your knees slightly and hold your arms out while unwinding. Gives it that 60's feeling!

TWIST RIGHT, TWIST LEFT, TWIST RIGHT, TWIST R

- 1-2-3-4 Twist to the right on the balls of your feet, twist to the left, twist to the right, twist to the left
- 5-6-7-8 Twist to the right on the balls of your feet, twist to the left, twist to the right, twist to the left

Smile and Begin Again